



Community Health Needs Assessment

Implementation Plan

February 18, 2019

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I. Executive Summary:

Hospital History and Services

Founded in 1904, St. Bernard Hospital is a 202 licensed beds, Catholic community safety-net hospital operating under the sponsorship of Catholic Health International. Our mission calls for us to care for the sick and promote the health of residents of Chicago's South Side, while sustaining values of respect, dignity, caring and compassion for all persons. For over 114 years, St. Bernard has worked with the Englewood Community and developed a reputation for quality, compassionate care, patient satisfaction, and exceptional clinical outcomes.

St. Bernard Hospital is accredited by the Joint Commission, providing high quality health inpatient and outpatient care services to more than 80,000 patients, annually. The emergency room serves more than 40,000 patients each year., The hospital provides comprehensive inpatient and outpatient care, offering a wide range of specialties, including obstetrics, dentistry, gastroenterology, urology, nephrology, emergency and intensive care services, inpatient/outpatient mental health and medical detoxification services. The hospital is technologically advanced, having electronic medical records, computerized physician order entry, and bar coding of medicines in place to ensure quality and patient safety. Each year, the hospital donates millions of dollars in charity care ensuring that community residents have access to the health care services they need regardless of their ability to pay.

In 2016 the Hospital opened its Ambulatory Care Center (ACC), a newly-built 3 story, 70,000 square foot, state-of-the-art outpatient facility on campus. This expands on the established clinical practices and wellness programs offered by the Hospital. Services offered at the ACC include comprehensive women's health and obstetrics in the Women's Wellness Clinic, specialty care services in the Specialty Clinics, primary care services in the Immediate Care Clinic, state of the art diagnostic imaging services as well as spacious medical offices. Onsite laboratory and pharmacy make it easy for patients to get tests and prescriptions. This one stop shop facility allows the residents of Englewood to get the care they need close to home. Other outpatient services include adult, pediatric and special-needs dentistry; a significant outpatient and day behavioral health program and an Adult Mobile Health Unit. St. Bernard also operates a Pediatric Mobile Health Unit, providing free immunization, physicals, testing and education to thousands of children at schools, daycare, and local events.

How the Implementation Strategy was developed:

The Community Health Needs Assessment (CHNA) was completed and approved by the Hospital Board of directors on November 19, 2018. Please refer to the complete CHNA for the full report. The Implementation strategy was developed by members of the Hospital staff and the CHNA Advisory Committee. After a few brainstorming meetings the following report was compiled, refined by the committee members and approved.

Specific strategies were developed to address each of the top 5 health needs identified by the CHNA.

II. Identified Community Health Needs:

St. Bernard Hospital contracted with the Sinai Urban Health Institute (SUHI) to conduct the 2018 CHNA. The community health needs were identified using a process that included gathering quantitative and qualitative data. The data that was collected focused on the Hospital's primary and secondary service areas.

St. Bernard's service area, located on Chicago's Southside included the following zip codes:

- 60609 – New City
- 60617 – South Chicago, South Deering, East Side, Calumet Heights
- 60619 – Chatham, Burnside, Grand Crossing
- 60620 – Auburn Gresham
- 60621 – Englewood
- 60628 – Roseland, Pullman
- 60629 – West Lawn, Chicago Lawn
- 60636 – West Englewood
- 60637 – Woodlawn
- 60649 – South Shore

Through the gathering of secondary data and conversations with community leaders and health practitioners a number of priorities were identified. Once identified, the CHNA Advisory Committee ranked the top priorities by going through a process that scored them based on an established criterion. See the complete CHNA Report for details on the methodology utilized.

The top 5 priorities that were identified are:

- Mental Health, Behavioral Health and Substance Abuse
- Diabetes
- Oral Health
- HIV & Sexually Transmitted Infections
- Preventative Services & Access

III. Addressing Community Health Needs:

Health Need #1 Mental Health, Behavioral Health and Substance Abuse

	Actions intended to be taken	Anticipated impact of actions	Resources to be committed	Planned Collaborations
1	Create workshops to provide members of the community and clergy with coping mechanisms and tools to manage the daily trauma (violence) that occurs in the community.	Increase awareness and informed ways of coping with the trauma that occurs regularly in the community. Reducing some of the mental health implication of exposure to daily trauma.	Facilitator to coordinate the conversations with Pastor Harris and move the process along.	Partner with Pastor Chris Harris who has an established program in the Bronzeville community.
2	Make behavioral health and substance abuse screening tools a part of our standard screening toolkit at all community health fairs and outreach activities. Deliberately using language that is welcoming to combat the stigma associated with behavioral and mental health in minority communities.	Proactively identify those individuals that may be reluctant to seek treatment in a welcoming and supportive environment and encourage them to visit our outpatient clinic or other facilities for support and treatment.		Local churches Food pantries Local parks Senior centers Community organizations Narcotics Anonymous
3	Create opportunities to educate the community on resources available to address the following substance abuse and mental health issues: Drug issues Alcoholism (seniors)	Increase awareness of resources available to support residents in addressing the issues that may be present in their homes or the community.	Recruiting a business development coordinator to focus on increasing awareness of service and available resources	Heartland Alliance Family Guidance Alcoholics Anonymous African Arts Festival Community events
4	Hold educational lunch series and screenings within the Hospital during the month of October (Mental & Behavioral Health awareness month) targeting staff and the visitors.	Provide screenings and health education during lunch series - how to prevent or manage conditions and improve access to care		Oak Street Health
5	Create opportunities to educate the community on resources available to address domestic abuse.		Recruiting a business development coordinator to focus on increasing awareness of service and available resources	Connection for abused Women and their children (CAWC) YWCA Chicago Abused Women Coalition

Health Need #2 - Diabetes

Actions intended to be taken	Anticipated impact of actions	Resources to be committed	Planned Collaborations
1 Create healthy eating cooking seminars/ demonstrations - Food as Medicine			University of Illinois Local urban farms Whole Foods Kennedy King College Sodexo
2 Post discharge follow up with diabetic patients to ensure they understand their condition and have referrals where necessary and access to needed resources (<i>Navigator</i>).	Referrals to and treatment by our specialty clinic to see podiatrist and ophthalmologist (these are common diabetes related complications)		Specialty clinics
3 Adult Mobile Health Unit will continue hosting educational sessions with seniors and screening for Diabetes	Education Increased awareness of status and tools to manage the disease	AMHU	Senior facilities Neighborhood churches
4 Create a single page document that provides information on the diabetes risk factors and ways to prevent onset of the disease and provides resources that community residents can access in managing the disease.	Knowledge of the disease Direction for more information Local resources	Create material to be displayed in the hospital waiting room, at health fairs and other community events. Business development coordinator to focus on increasing awareness	Neighborhood Churches Health Fairs Community Groups
5 Create educational session for providers – discussing new approaches and ways to help patients understand the condition and be compliant with management of the condition.			FQHC's Tertiary institutions

Health Need #3 – Oral Health

	Actions intended to be taken	Anticipated impact of actions	Resources to be committed	Planned Collaborations
1	Adopt a school – Create a dental clinic at an elementary school to screen, educate and encourage best practices at an early age	The convenience of the dental clinic will help parents to keep dental appointments and improve dental health with children	PHMU Dentist, dental assistant Navigator	Chicago Public Schools
2	Partner with the Oral Health Forum to serve Chicago Public School students that need follow up treatment.	Improve the dental health of children in CPS	Dental navigator	Oral Health Forum CPS
3	Dental lunch and learns for children and parents/ caregivers to be hosted at schools, youth organizations and houses of worship	Proactively taking education and services to the community. Increase knowledge of oral health and implications of its neglect.	Business development coordinator will make the connections and facilitate the events	Community groups that focus on children Faith community Sodexo
4	Create a cultural and age appropriate outreach program targeted towards children and seniors to help alleviate cultural and age related disparities in receiving oral healthcare			Teamwork Englewood Senior facilities
5	Create parental buy in by making regular presentations at local school council meetings on dental services available and the necessity for dental care and the long term effects of neglecting one’s oral health		Business Development coordinator Dental clinic manager	Local school council

Health Need #4 – HIV & Sexually Transmitted Infections

	Actions intended to be taken	Anticipated impact of actions	Resources to be committed	Planned Collaborations
1	Adult Mobile Health unit will continue providing educational sessions on STDs and HIV for seniors.		AMHU	Senior facilities Neighborhood churches
2	Integrate STD/HIV screenings in standard screenings conducted at Health Fairs.			Heartland Alliance
3	Screenings on the Mobile Units for teens and seniors, supplemented by educational materials and resources available.			Chicago Public Schools. Teamwork Englewood
4	Create an educational series specifically for teenagers to be conducted in schools, youth organizations and churches			Chicago Department of Public Health
5	Create a plan to address patients that return re-infected after treatment is administered and their partners.			Chicago Department of Public Health

Health Need #5 – Preventative Care & Access

	Actions intended to be taken	Anticipated impact of actions	Resources to be committed	Planned Collaborations
1	<p>Ambulatory Care Center (ACC) is the outpatient center where patients can see a primary care physician, have specialty services and have imaging, and other tests conducted. There is also a lab and pharmacy on site. This allows patients in the Englewood community the ability to address many issues in a single location close to where they live.</p> <ul style="list-style-type: none"> • Increase Medicaid and Medicare enrollment opportunities for those who are eligible but not previously enrolled 	<p>Minimize the distance and time spent traveling to access services by residents of the community.</p> <p>Increasing the availability of specialty services to the Englewood and surrounding community.</p> <p>Increase the access to primary care services through the Immediate Care Clinic that allows patients to see a physician if their own PCP is unavailable.</p> <p>Reduce the practice of seeking emergency care when the problem is critical and encourage preventative care. Reduce financial implication of treating non- emergency issues in the Emergency Room</p>	<p>ACC, staff and the various clinics housed within</p>	<p>Federally Qualified Health Centers Local physician offices Faith based organizations</p> <p>Sinai Community Institute</p>
2	<p>Partner with pilot community health worker program being launched in West Englewood to see the effectiveness. If effective, work at expand into the East Englewood.</p>			<p>Imagine Englewood If</p>

3	Have brown bag events for seniors with physicians or pharmacist to discuss drug interaction (with other drugs and alcohol).		Pharmacist	Chicago Food Depository Sodexo
4	Partner with the local faith based community to assist in educating and increasing awareness of locally available health services. <ul style="list-style-type: none"> • Include in educational series information on ER vs primary (immediate care clinics) care when is it necessary to visit either one. 	Ensure that more community members are informed of the many services available in the community.	Marketing and educations material	Community faith based organizations Teamwork Englewood
5	Men's health initiative: <ul style="list-style-type: none"> • Hosting small group lunch meetings with men of various ages to understand the barriers / apprehensions about regular preventative care • Men's health fair – June 2019 		Health care providers Refreshments for all lunch meetings Team to organize and provide services at the events Giveaways	Advisory Council Chicago Park District Community groups/ vendors

IV. Community Health Needs Not Addressed:

As stated previously, the top five health needs that were identified during the CHNA process were:

- Mental Health, Behavioral Health and Substance Abuse
- Diabetes
- Oral Health
- HIV & Sexually Transmitted Infections
- Preventative Services & Access

St. Bernard Hospital has created strategies to address each of the health needs identified above. As a Catholic institution governed by the Ethical and Religious Directives for Catholic Health Care Services we are limited in some of the things that we are able to do to address HIV & Sexually Transmitted Infections. In such instances we will partner with external agencies.

V. Conclusion:

The St. Bernard Hospital board of directors approved the 2018 CHNA on Monday November 19, 2018. A complete copy of the report can be viewed at https://www.stbh.org/wp-content/uploads/2018/12/St.-Bernard-Hospital-2018-CHNA_Report.pdf

A link to the Implementation Plan can be found at www.stbh.org.

If you have any questions regarding the CHNA, the Implementation Plan or to get a copy or either please contact Diahann Sinclair V.P. Organizational and Community Development at 773-962-4100 or dsinclair@stbh.org.